

PATIENTS PROBLEM: Patient is bleeding from oesophageal/gastric varices.

At risk of i) aspiration of blood
ii) large blood loss → shock
iii) encephalopathy

OBJECTIVES: A clear airway.
Haemodynamic stability.
Minimisation of encephalopathy.

SPECIFIC NURSING CARE REQUIRED :

1. Keep airway clear using positioning and suction.
2. Record pulse and blood pressure $\frac{1}{4}$ hourly initially.
(Use Dinamap if available). If satisfactory and stable, record $\frac{1}{2}$ hourly. Record temperature and central venous pressure hourly.
3. Give medication as prescribed.
 - a) Neomycin and lactulose orally
 - b) Magnesium sulphate enemas
 - c) Fluids intravenously (not saline)If on SMS infusion DO NOT allow it to stop. Inform houseman immediately if it does. P.S. SMS may turn faeces red.
4. Give no food or fluids orally.
5. Measure volume of haematemesis and malaena if possible and record on fluid balance chart.
6. Measure volume of urine hourly and record on fluid balance chart.
If ~~urine~~ Collect 24 hour urine specimens x 5.
Perform urinalysis and B.M. stix 4 hourly.

PATIENTS PROGRESS: 18-4-92 pm.

But commenced on Sandoctaxie regime following OGD - Harvey

19-4 am. Malaena 150mls this am.

24 hr urine collection to finish at 5pm

20.4.92. no signs of malaena or haematemesis this am.

pm Passed small amount of diarrhoea only. ll.

21/4/92 am. Passed 150mls brown diarrhoea. ll

No haematemesis or malaena.

Reviser on change

WILLIAM MURPHY