ROYAL FREE HOSPITAL POND STREET LONDON NW3 20G

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## DEPARTMENT OF PSYCHIATRY

26th February, 1998

JL/mr GRO-C

Professor Christine Lee Professor of Haemophilia Royal Free Hospital

Dear Professor Lee,

GRO-C ... 98

RE: MARK WARD dob GRO-C 69 GRO-C

Birmingham, GRO-C

Many thanks for referring this young man to the clinic. He complains of loss of libido for about six months.

He told me he has been together with his current boyfriend for nearly eighteen months and they have been living together for almost a year. At the beginning of their relationship there were no problems sexually but he told me he is absolutely terrified now that his boy friend GRO-C might leave him. For him this relationship is more important than any other, and he told me he has been in a number of fairly short term relationships which have been either abusive or hurtful and unsatisfactory. Now he told me he feels very insecure because although his boyfriend has promised to be faithful, Mark suspects this will not be true.

There is therefore a huge amount of anxiety and insecurity surrounding this relationship.

Mark complains also that he has lost his morning erections and this has happened gradually. He no longer feels like masturbating and only occasionally feels sexual urges. He can however obtain erections and ejaculate with no problems once he is sufficiently aroused.

He mentioned that there was blood in his ejaculate recently and this was treated with antibiotics. The bleeding has not recurred. In addition he said that his foreskin feels tight when it is pulled back and this is also a recent thing.

He told me he had been HIV positive for about 20 years and indeed so has **GRO-B** who is also haemophiliac and like him aquired it by Factor 8 administration. He apparently became ill in January last year when he was abroad in Zimbabwe and he lost

Pand Street was the site of Hampsteed General Hospital which, with other hospitals of the Royal Free Group was replaced in 1974 by the new Royal Free in Hampstead. Hospital and Community Mental Hasith Services form Pand Street Division.

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a lot of weight and was rapidly started on therapy. I understand that his viral count has dropped and he thinks he is now doing well, however he has lost all his teeth and following a CMV infection he is still awaiting dentures.

He lost his job working for British Airways for customer services when he became ill last year and he has not so far returned to work. Being at home all day tends to increase his anxiety. He also has nightmares, believing he will be abandoned by his boyfriend. He has moved to Birmingham to live with the boyfriend although all his friends and family are in London.

On examination he was talkative and appeared vulnerable and childlike. He does seem to have some ballanitis with a swollen foreskin and inflamed glans. I told him that he would need to have this treated by his doctor and he should make an appointment for this. Apart from this there were no abnormalities and the testicles were perfectly normal.

It is possible that the sexual problems may be related to the HIV itself. The fact that he has lost his morning erections and there is a general loss of libido may support this. However there are obviously a great many psychological problems too. There has been a great deal of stress through his live and he is clearly terrified that his new found relationship which seems to be caring and is stable at present may all disappear. The symptoms did seem to begin when he was regaining his health after starting treatment and maybe these anxieties about his health and his own future may be contributing to the problems.

I have arranged for blood to be taken for hormone levels and will be seeing him again on 19th March.

With kind regards,

Yours sincerely,

GRO-C

Dr J Woolf Psychosexual Problem Clinic ROYAL FREE HOSPITAL POND STREET LONDON NW3 206

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## DEPARTMENT OF PSYCHIATRY

Our ref:

JW/pk GRO-C

23 March 1998

(Clinic date: 19.3.98)

## PRIVATE AND CONFIDENTIAL

Professor Christine Lee Professor of Haemophilia Royal Free Hospital

Dear Professor Lee

le:	Mark WARD (dob GRO-C 69)		P.	:
	GRO-C	Birmingham	(	GRO-C

I saw Mark today and am pleased to say his problem of loss of libido and loss of morning erections seems to have resolved.

He went on holiday and found that things were much better. He also had a huge row with his partner and, for once, seemed to be able to stand up for himself and perhaps this has made him feel slightly more secure.

His testosterone level was also normal. I notice, however, that his prolactin level was raised at 1092 but I am not sure if this relates to his drug treatment. This sample was taken on 12 February 1998 and the sample number was: 19259.

I have not made any further appointments to see him again, and so I should be very grateful if you would look into the matter of the prolactin levels when he next comes to see you.

I have told him that if he does have any further problems in his sexual life I will be very happy to arrange further follow-up appointments for him.

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