

23.X.95 Follow up - came c mother.

Endoscopy 4/x/95 = CMV.

Rx i.v. gancyclovir for 2/52

Appetite has returned : no pain :
sleeping better.

16/10/95 Hb 13.6

Plats 236

Wbc 5.0

AST 57

Albumin 39

Has stopped zidovudine whilst
on gancyclovir.

CD4 10/pl.

On co-trimoxazole 960 x 3 weekly

fluconazole 150mg weekly

I have advised take x2 weekly (↑ to 50mg daily)

clarithromycin 500mg BD

omeprazole 20mg OD

Change to oral gancyclovir
today. 1G TDS

Living with mother - trying to
get flat in Camden : getting
ill health retirement from BA.
no - no - signed off 'sick'

HISTORY SHEET

Hospital No.

Surname

First Names

D. of B.

Ward

Mark

M/F

M/S/W

DATE

CLINICAL NOTES (Each entry must be signed)

Had eyes looked at last week - well.

Has seen dietician today.

GP (Dr Kirby) is very helpful.

Check FBC today. See 2/52.

GRO-C

6/10/95 Well, apart from severe redness of face which he attributes to the oral gangcyclovir. [+ to get dermatology to see today.]
Applied hydrocortisone cream which helped.

Continues on : co-trimoxazole 960mg x 3 weekly
flucanazole 150mg x 2 weekly
clarithromycin 500mg BD
omeprazole 20mg OD

28/10/95 Wbc 2.1 }
Neut. 2.1 }

I think we should restart zidovudine but at a reduced dose 200mg OD +
DDI OD

GRO-C

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CAL/MJ GRO-C

25 October 1995

Dr D Kirby
The Surgery
Nevills Road
Letchworth
Herts SG6 4TS

Dear Dr Kirby

Mark WARD GRO-C 69

GRO-C

I saw Mark with his mother on 23rd October. He is now recovering well from the CMV gastritis. It is now three weeks since he had the endoscopy on 4th October and he has bene on intravenous gangcyclovir for two weeks.

His blood count is holding up well and I have changed him today to oral gangcyclovir in a dose of 1 gm tds. He continues on co-trimoxazole 960 mg three times weekly. He is currently on fluconazole 150 mg weekly - in view of his low CD4 count of about 10 per microlitre, I have suggested he increases his fluconazole dose to 150 mg twice a week until he has run out of his current supplies and then I will put him on 50 mg daily. He is also taking 500 mg of clarithromycin bd and omeprazole 20 mg od.

He is living with his mother at present but he is trying to get separate accommodation in Camden so that he is near the hospital. I have signed a sick certificate for a month today and he is also under regular review by the dietician and he has actually managed to gain 3 kg.

I will review him again in two weeks' time.

Yours sincerely

GRO-C

Christine A Lee

INTERNATIONAL TRAINING CENTRE OF THE WORLD FEDERATION OF HAEMOPHILIA

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