Name WARD MARK ANTONY	Visit date: 15.07.05	☑ Booked
Hospital No. 919375	Weight ______ kg	☐ Unbooked

History and Examination

	Date
VL:	
CD4:	
CD4 %:	

☐ Current trial

Reasons for stopping:
1 Failure VL ↑
2 Failure CD4 ↓
3 Study change
4 Rash
5 Nausea/vomiting
6 Diarrhoea
7 Mouth ulcers
8 Abdominal pain
9 ↑ LFTs
10 ↑ Amylase
11 Pancreatitis
12 ↑ Glucose/diabetes
13 ↑ Lipids
14 Fat wasting (LD)
15 Fat accumulation (LD)
16 Lactic Acidosis
17 Myositis
18 Renal problem
19 Anaemia
20 Malaise/fatigue
21 CNS effects
22 Headache
23 Peripheral Neuropathy
24 Allergic reaction
25 Drug interaction
26 Poor compliance
27 Rationalisation (eg Trizivir)
28 Patient choice (no a/e)
29 *Failure ↑ resistance
30 Other (specify)

Been on Abacavir
Tenofovir
Kalena
Since 17/5/05.

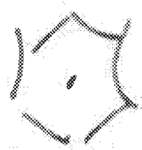
27/6/05 VL 2,600 c/ml.

Major problem abdominal pain
/gripping pain post eating

CT Abdomen — small volume LNs
— Spleen 9.5cm.

Ba Meal ok to Duodenum.

O/E



BS+ Peripheral pulses ok.

Pain (L) side pre-dated Kalena
but lower abdominal / Periumbilical pain
has occurred post-Kalena. BO'g °Diarrhoea °blood

New diagnoses	Date	Current drug trial? Y ☐	
AIDS :		Short title :	Obs ☐
Other HIV :		RFH no :	Bloods ☐
Other (eg CVD):		Subject no :	QoL ☐
		Visit / week :	

Antiretroviral Medication ☐ *No change* Proportion of pills taken in the last month ☐%

Drug with dosage	Started	Stopped	Prescribed	Reasons (codes above)		Date stopped
	○	○	○			
	○	○	○			
	○	○	○			
	○	○	○			
	○	○	○			
	○	○	○			

Other drugs with dosage ☐ *No change* Investigations:

Plan (1) Await M Hamilton r/v (4) EnW CS
(2) Check Kalena TDMs
(3) Recheck VL/CD4 count

Referral GP letter ? Y ☐ N ☐

Doctors name: Sanjay Bhagani Next visit in 4/8/05. weeks

Royal Free Hampstead NHS
NHS Trust

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Dr Marc Lipman
Dr Ian Cropley
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SB/du/919375

Clinic:15.07.05
Typed: 21.07.05

LETTER FOR THE NOTES

Re: **Mark Anthony WARD (DOB GRO-C 1969)**
GRO-C

Diagnosis:
1. **HIV infection. Current CD4 count 316 viral load 2,600 copies/ml on Abacavir, tenofovir and kaletra since 17th May 2005.**
2. **Chronic hepatitis C co-infection**
3. **Previous knee replacement**
4. **Increased bleeding tendency with dual boosted protease inhibitor regimen**
5. **Unexplained lower abdominal pain and postprandial fullness.**

I saw Mark in the HIV clinic once again today. He has now been on his new antiretroviral regimen of Abacavir, tenofovir and kaletra since the 17th May 2005. His viral load five weeks into treatment had dropped down to 2,600 copies/ml with a slight increase in his CD4 count to around 315. His spontaneous bleeding tendency has improved considerably since he has come off the double boosted PIs.

His major problem at the moment seems to be postprandial peri-umbilical lower abdominal pain that he has had over the last 4 – 5 weeks.

He has been investigated extensively and was recently an inpatient where he had a CT scan of his abdomen. This showed a few small volume lymph nodes and a spleen measuring 9.5 cm. There were no other obvious abnormalities. He also went on to have a barium meal which was reported as normal down to the duodenal cap.

On examination today he appeared slightly thin but generally well. Abdominal examination was largely unremarkable with normal bowel sounds.

I am not sure that I am able to explain his abdominal pain at this stage. He denies diarrhoea or blood or mucus pr. I note his previous history of disseminated mycobacterium avium-intracelulare and CMV gastritis. On his most recent blood tests, his CMV PCR was negative.

.....P2

TCH

Mark Anthony WARD

It is possible that his gastrointestinal symptoms may be related to his kaletra although I think we should continue very hard to look for other causes of his current symptoms especially since he has very few antiretroviral options open to him. I understand he is due to see Dr Mark Hamilton in 3 – 4 weeks time. In the meantime I have repeated his CD4 count and viral load today and arranged for him to have kaletra drug levels done in the next week or so. I will see Mark in two weeks time for a further review.

Yours sincerely

GRO-C

Dr Sanjay Bhagani
Consultant in Infectious Diseases & HIV Medicine

Dr Ying Ying Ye.
Dr Ying Ying Ye, Consultant Physician Haemophilia Centre, RFH
Dr Mark Hamilton, Consultant Gastroenterologist, RFH

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