

(East Suffolk Health Authority)

DISTRICT PSYCHOLOGY SERVICES

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STRICTLY CONFIDENTIAL

Our Ref: ED/LP

6th November 1991

Dr R J Collins
235 Felixstowe Road
Ipswich
Suffolk IP3 9BN

Dear Dr Collins

RE: Mr Alan S BURGESS - D.O.B. GRO-C 58.
GRO-C Suffolk.

file per Mr

Thank you for having referred this 33 year old gentleman to me. I met with him initially in July and have seen him twice since then on an out-patient basis.

Each time we have met, he has wanted to unload the strong feelings that have built up. There are four people in his life who know of the HIV infection and he is generally reluctant to tell them when he is feeling downcast out of the fear that it might worry them. The one friend he could talk to, died last month from an AIDS related problem, thus leaving him even more on his own.

Alan appears to be a resilient person and one who draws strength from the love of his family. Nonetheless, he is facing stresses of major intensity and he does experience feelings of depression.

At the present time, he wants to meet once every six weeks, which I think is stretching out the sessions a little too far. He is aware that if he feels the need, he can call on me in between our meetings. At some point, too, I expect he will be ready to tackle the issue related to telling his children about the circumstance of his HIV infection. In the meantime, I will continue seeing him and I will be glad to write to you again in the near future.

Yours sincerely,

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GRO-C

Dr E Duerr
Chartered Clinical Psychologist