## The Investigation of Suspected (Non-Bacterial) Transfusion Transmitted Infection

This Management Process Description replaces MPD/MED/CM/041/02 Copy Number (obsolete)

Approved 29<sup>th</sup> February 2008

Summary of Significant Changes

Genomic testing for HIV added.

### Policy

It is the policy of the NBS to investigate possible cases of transfusion transmitted infection.

## Purpose

To document and investigate suspected cases of (non-bacterial) transfusion transmitted infection.

## Responsibilities

#### NBS Consultant Specialist for Transfusion Microbiology

• has over all responsibility for this process.

#### NBS Clinician responsible for Transfusion Microbiology at the site serving the hospital to which the component was issued

- is responsible for reporting the case to, and liaising with, the NBS Consultant Specialist for Transfusion Microbiology
- for the local management of the case
- liaising with clinicians involved in the patient's care
- ensuring the patient is informed of the outcome
- providing a final conclusion back to the hospital and completing report forms for HPA Surveillance.

#### The NBS Consultant Specialist for Transfusion Microbiology, or designated deputy, and the NBS Clinical Virologist

• are available to provide advice at all stages of the investigation.

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Definitions					
тм	Transfusion Microbiology	MHRA	Medicines and Healthcare products		
TMMS	Transfusion Microbiology Medical		Regulatory Agency		
	Section	SABRE	Serious Adverse Blood Reactions &		
тмо	Transfusion Microbiology Office		Events		
HPA	Health Protection Agency	SHOT	Serious Hazards of Transfusion reporting system		
NTMRL	National Transfusion Microbiology Reference Laboratory				

# Applicable Documents

LET/MED/CM/022 letter	Draft notification	MPD/MED/CM/009 with confirmed positive	Management of donors e microbiological test	
FRM/MED/CM/029	form for clinicians	results.		
FRM/MED/CM/030	PTI progress sheet	Post-Transfusion Infection Surveillance Report HPA report form		
FRM/MED/CM/028 inquiry record	Post transfusion	FRM/MED/CM/025 TMMS of the case.	Form for notifying	
FRM/DDR/TM/002 form	NTMRL request	MPD/PTI/QU/032 Adverse Events	Management of	
FRM/MED/CM/011 Event Report	Clinical Adverse			

### The Investigation of Suspected (Non-Bacterial) Transfusion Transmitted Infection

#### Introduction

The guidance contained in this document covers action to be taken at the blood centre.

Any suspected case of transfusion transmitted (non-bacterial) infection should be documented and fully assessed to determine whether investigation of donors is required or warranted.

Because transfusion transmitted infection may be asymptomatic, cases may not be recognised or detected until months or years after the transfusion, and only come to light through incidental screening or specific testing on development of late clinical features of the infection in question. Notification may arise from a number of sources including various clinical departments, the General Practitioner, the HPA and Solicitors.

The reasons for carrying out a post-transfusion infection investigation are several. Any or all may apply in an individual case:

- To identify an infectious donor, who can then be removed from the donor panel and referred for clinical care.
- To satisfy the clinicians that blood transfusion was not the source, so that other possibilities within the hospital may be explored.
- To satisfy the need of the recipient, or recipient's family for information about the source of the infection. This, in turn, may lead to a claim for compensation.

Post-transfusion infection investigations are usually restricted to cases involving donations which have been screened for the organism in question. Very rarely, the investigation concerns an organism for which the blood has not been screened.

#### Reporting a case

The initial report may be by telephone or letter. A note of the telephone conversation must be kept. The notification must be relayed to the local NBS clinician responsible for TM who will make a preliminary assessment of the case. A notification letter and form (e.g. LET/MED/CM/022 & FRM/MED/CM/029) should be sent to the clinician reporting the case and the hospital haematologist, if appropriate, in order to obtain further details so that the case can be assessed. Further communication will usually be with the hospital haematologist with other interested parties copied in. When the notification letter is sent, the case must be reported to the NBS Consultant Specialist for TM, or deputy via the TMO, and details should be discussed so that an assessment can be made as soon as possible about the need for an investigation. A log number must be obtained for the case from the TMO, once a decision has been made to make an investigation, and the TMMS report form (FRM/MED/CM/025) must be completed and e-mailed or faxed to the TMO as soon as possible. The TMO must ensure that the case is logged on Qpulse, but patient details should not be given unless transmission of infection by transfusion is demonstrated, when a quality incident will result. The logging and reporting of cases includes those where investigation is limited to searching donors' records for details of routine tests results. The hospital is responsible for reporting the case to the MHRA via SABRE.

#### Assessing the case

The basis of investigation of a post-transfusion infection in a recipient is to show:

- that the recipient was not infected prior to transfusion, but had markers of infection thereafter,
- whether any of the donors whose blood components the recipient received could have been infected with the agent in question at the time of donation.

It is often not possible to show conclusively that the recipient was free of infection prior to transfusion. The identification of an infectious agent in the recipient may be made years after the event, perhaps only when the recipient shows symptoms of disease (e.g. HIV and HCV). In most cases the patient will not have been tested for evidence of the infection prior to transfusion. A pre-transfusion blood sample is almost always unavailable. It is important, therefore, to make an assessment of the facts of the case before embarking on an investigation. The assessment should take into account the clinical details, the likely timing of the infection, any other possible sources of infection, and the test results. As a very minimum, a copy of the

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patient's test results should be obtained, together with relevant clinical details. The likelihood of transfusion being the cause of the infection will depend in part on the residual risk of infection. Nevertheless, many investigations are carried out, even when the likelihood of transfusion transmission is remote, to satisfy patients and clinicians and sometimes claims for compensation.

#### The investigation

Before commencing the investigation, a complete list of the blood components received by the patient and their dates of issue or transfusion is required. Wherever possible, a printed list, preferably generated electronically from laboratory computer records, should be produced.

Patient details full name date of birth sex ethnic origin Clinical details consultant, with speciality reason for transfusion underlying diagnosis current condition clinical evidence of post-transfusion infection copies of laboratory reports for infectious markers Laboratory results any test results on samples prior to transfusion liver function test results (hepatitis cases) Transfusion details computer print out of transfusion history

The following information should be sought from the hospital:

Once a decision has been made to start an investigation, and the list of components transfused to the patient has been received, the donors of the blood components must be identified. Where records are held on Pulse, this should be a relatively easy task, but searches involving heritage computer systems and/or paper records are often very time-consuming. When tracing records, care should be taken to ensure that all the available information, such as blood group, date of donation and issue, expiry date, and fate (i.e. hospital receiving the component) is consistent. In particular, care is required when tracing components with non-ISBT donation numbers, since the year of issue is not recorded in the number and the same number will have been used in several different years, sometimes as little as 18 months apart. In addition, imports from other centres may not be apparent.

The donor records should then be reviewed, together with the results of routine testing of any donations given subsequent to the one which the infected recipient received (the "index donation"). An assessment of what (if any) further investigation is required can then be performed. The NBS Clinical Virologist is able to give advice on testing and interpretation of results.

### Safeguarding the blood supply

Once the donors involved in the investigation have been identified the following actions must be carried out:

- each donor's record is flagged to prevent the issue of components from any donations taken before the donor is cleared from the investigation.
- each donor's record is annotated to record the log number of the inquiry.
- any in-date components are traced and recalled/discarded (if a component has been transfused it is not necessary to notify hospital clinicians as the recall is a precautionary measure only, at this stage).
- donors who are notified of their involvement, (samples requested) are suspended from being called to donate until cleared from the investigation.

#### The tests

Routine serological testing of blood donations for transfusion-transmissible agents other than HBV depends upon the presence of antibody as a marker of past exposure. Lack of antibody in the transfused blood component will usually reflect absence of infection. A false negative antibody test could occur in two

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Author(s): Dr Patricia Hewitt

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situations: where the donor is in the early acute phase of infection ("window period") before detectable antibodies have developed, or where there is an error in testing. Both these possibilities can be excluded if the donor has given a further donation, which is also negative in routine antibody screening tests. The existence of infection in the absence of detectable antibody on two different samples is theoretically possible, but extremely unlikely. In addition, pooled samples associated with the donations will have been subjected to genomic testing for HCV (routinely since 2002, earlier in many cases) and HIV (routinely since October 2007, earlier in some cases) making the existence of infection in donations tested by two methodologies remote in the extreme. As most blood recipients have other possible sources of infection (e.g. hospital admission, invasive medical procedures, infected sexual partner, or vertical transmission) and have not been proven free of infection before the transfusion, an exhaustive search for a rare "antibody negative but infectious" blood donor is virtually never justified.

#### Hepatitis B virus

The routine screening test for HBV is hepatitis B surface antigen (HBsAg). Antibody to hepatitis B core (anti-HBc) appears early during the course of HBV infection and is detectable for probably the rest of the lives of individuals who have had HBV infection. However, it does not appear before HBsAg and therefore its presence in the blood, in the absence of HBsAg, is indicative of past rather than current infection.

Transmission of HBV to a recipient can theoretically occur because of failure of routine screening, either through laboratory errors, or because levels of HBsAg in the donated blood are below the sensitivity of the assays in use. These very low levels can occur at the start of an acute infection, in which case no other markers of HBV infection will be detectable, or after lifelong carriage of HBV when viral levels have dropped. In this case, anti-HBc will be detectable.

It is entirely possible for a blood donor to have an inapparent acute HBV infection with full recovery, including elimination of HBsAg and possibly development of anti-HBs, in the time interval between two blood donations. In this case, a negative HBsAg result on the index and a subsequent donation is not sufficient to eliminate the donor from the inquiry.

To do so, it is necessary to demonstrate:

- that the donor was not infected with HBV at the time of giving the index donation, and ideally
- that the donor has never had HBV infection.

Testing additional to routine HBsAg assays will be required to give absolute assurance that a donor has not transmitted HBV to a recipient. It is logical to test any archive samples from the index donation for the presence of HBV DNA and to look for anti-HBc in a subsequent donation or sample from the donor. The absence of anti-HBc in a follow-up sample and a negative test for HBV DNA on the index archive sample is sufficient evidence to eliminate a donor from the inquiry.

#### Actions and documentation

The main actions involved in the inquiry are listed below.

	<ul> <li>collect recipient information</li> <li>identify donations</li> <li>examine relevant donor records</li> </ul>
Actions	<ul> <li>assess test results of index and subsequent donations from each donor</li> </ul>
	<ul> <li>determine need for additional testing (and additional samples)</li> <li>review results</li> </ul>
	- report conclusion to clinician, hospital laboratory, HPA surveillance etc

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Once a decision has been made that an investigation is to be undertaken then a log number must be allocated (see 'reporting a case' above) and a file must be made. Form FRM/MED/CM/025 must be completed as soon as the information is available and sent to the TMO.

All details relating to the donors in the case and information about the recipient must be kept in the file. The PTI progress sheet (FRM/MED/CM/030) may be used, attached to the inside cover of the file, to provide an easily available summary of the progress of the investigation.

Details of the index donation numbers, the numbers of any subsequent archive samples which are required for testing, together with the donors' names and ID numbers must be typed onto the Post Transfusion Inquiry Record (FRM/MED/CM/028) and forwarded electronically to NTMRL. Without this form it cannot be guaranteed that NTMRL will perform the correct tests on any samples received in connection with the inquiry. A copy of the Post Transfusion Inquiry Record must be included in the case file and a further copy sent to NTMS to go with the summary of the case.

All requests for tests, whether from fresh or archive samples, must be accompanied by the NTMRL request form (FRM/DDR/TM/002). The log number of the case must be included and tests must be specified in order of priority.

#### Samples from donors

Where archive samples or subsequent donations from a donor are not available, the donor(s) will have to be approached and asked to provide blood samples for further testing. A request for fresh blood samples can be made using a standard letter sent to all donors for whom a subsequent sample is not available. The letter should contain an explanation of why a sample is required and the donor must be told which infection is being investigated. Although this information may be alarming, donors must not be asked for samples without being told the reason. The likelihood that the donor is the source of infection is remote, and therefore the letter can be reassuring; placing emphasis on the need to eliminate the donors as a source of infection, rather than the expectation of identifying one as such. It is important to give detailed information about how the blood sample can be obtained, how long the results are likely to take, how the donor will be given these results and a contact telephone number for donors who are anxious or who have questions. Once a donor has been eliminated from the inquiry he/she must be informed in writing.

In general, donors may be returned to active donation on the basis of their individual results; without waiting for results on all other donors in the inquiry. In rare situations, donor reinstatement may need to be delayed until the investigation is complete. If an external source of infection is found before all the donors have been investigated, the need to test the remaining donors will require review.

#### Identification of an infected donor

If a donor is identified as the probable source of infection it will be usual for the donor to be permanently withdrawn from donation. The donor should be advised and referred for specialist advice in accordance with the policy for The Management of Donors with Confirmed Positive Microbiological Test Results (MPD/MED/CM/009). A lookback will need to be carried out on any transfused components from the index donation and consideration given to lookback on other donations from the same donor. In cases of undetected acute hepatitis B infection, transfused components from the index donation will need tracing, but an earlier donation may not have been given in the 'window period' and lookback may not be necessary. Donors who contract acute hepatitis B infection may also make a full recovery and develop sufficient immunity to hepatitis B virus to be eligible to donate again. Where a 'culprit' donor is identified (a very rare event) the case must always be discussed with the NBS Consultant Specialist for TM. In accordance with the recommendations of the National Patient Safety Agency, the recipient must be offered the opportunity for a meeting with relevant clinical staff in order to hear an explanation of the incident: this may require input from NBS clinical staff.

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#### Closing the investigation

The case file must be reviewed and checked:

- to ensure that test results are complete
- that 'cleared' donors have been reinstated and informed appropriately
- that all relevant clinicians, and other interested parties, have been informed of the outcome of the investigation (this includes the clinician/GP who is responsible for telling the patient)
- that the HPA report form has been completed
- that, in the case of transmission
  - the patient is given the opportunity to be seen by an NBS Consultant and advised about the legal position
  - a Clinical Adverse Event Report Form (FRM/MED/CM/011) is completed in accordance with the MPD for adverse events MPD/PTI/QU/032
  - the case is reported to SHOT.

#### Predicted cases

On occasion a report will be received of infection in a donor from whom a donation has been taken at a time when an infection was possibly present, thus making the components from this donation potentially infectious to the recipients. These cases have in the past usually related to hepatitis A or hepatitis E infection; infections for which routine screening is not carried out and for which the viraemic phase is a few days only.

These cases should be investigated by communicating with hospital clinicians/General Practitioners and making arrangements for follow up and testing of the recipients. Testing of archive sample from the index donation may be helpful in confirming viraemia, and useful for the investigation, but prompt notification of the clinicians caring for recipients is essential if the opportunity is not to be lost for the administration of immune globulin which may avert or attenuate the disease. Urgent notification to clinicians will almost always follow the route used for post-donation information, but NBS medical staff working in TM should be notified so a formal investigation of the outcome can be undertaken. Cases should be logged as 'predicted' cases and the HPA Surveillance forms completed in the usual way. In cases where transmission of infection is demonstrated the case should be concluded as above.