

ROYAL CORNWALL HOSPITAL (TRELISKE)

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CHA 17

OUR REF:

YOUR REF:

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HMD/PW

11.11.90

To all Haemophilia Centre Directors in the South West Region

Dear Colleague

RE: LIVER DISEASE IN HAEMOPHILIACS

After the meeting in September, I thought I would try and find out specifically what is meant by liver disease in haemophiliacs and it has not been easy. Some say any elevation of ALT is abnormal, however, I would think we should fit in with the ICTH criteria which is alanine amino transferase value of higher than 2.5 x the upper limit of normal on at least 2 occasions. Such patients should have their tests repeated 3 times a year. In addition clinical evidence for liver disease should be sought and a decision on whether liver biopsy might be appropriate.

I enclose for your information a copy of the report of the working party on chronic liver disease in haemophilia if you don't have it already and refer you to the following articles:-

Kernoff Et Al, British Journal of Haematology 1985, 60, 469-479

Kernoff Et Al, British Journal of Haematology 1987, 67, 207-211

Hay Et Al, Blood, volume 69, No 6, 1987 page 1595-1599

Trigger, British Journal of Haematology 1990, volume 74, page 241-245

In addition I send to you information on what we may discuss at the next Haemophilia Treaters Group in Bristol on 10 May 1991.

Information for audit will be requested of you in January 1991.

Many thanks

Yours sincerely

GRO-C

Helena M Daly MRCP MRCPATH
Consultant Haematologist

Encs