

ANONYMOUS

Witness Name:

GRO-B

Statement No.: WITN2151002

Exhibits: WITN2151003-020

Dated: 21st July 2021

INFECTED BLOOD INQUIRY

EXHIBIT WITN2151019

NHS Lothian

Royal Infirmary of Edinburgh
Outpatient Department 1
51 Little France Crescent
Edinburgh
EH16 4SA

Date: 01/12/2016

Dr. **GRO-B**

GRO-B

Outpatient Clinic Letter

Patient	GRO-B	CHI	GRO-B
		Date of Birth / Age	GRO-B 981 (34 years)
		UHPI	GRO-B
Specialty Consultant	Clinical Psychology Psychology (Haemophilia)	Attendance Date	31/10/2016

Dear Dr. **GRO-B**

My initial meeting with **GRO-B** and his mother occurred on 24/10/2016, following his mother making a self-referral to the psychology service. I have now met with **GRO-B** on three occasions to explore how he manages his illness and his general quality of life.

GRO-B explained that he attends the Haemophilia Centre for regular review of his Von Willebrand Disease Type 3 which he described as well-managed. **GRO-B** reported that he has learning difficulties since a brain bleed as a baby and developed Hepatitis C following receipt of infected blood products when he was 18 months old. It is my understanding that **GRO-B** has recently completed successful treatment for this. **GRO-B** mother explained that although the treatment has cleared Hepatitis C from his liver, it is likely that the disease is lying dormant in other parts of the body. Both **GRO-B** and his mother reported anxiety about this.

GRO-B explained that he lives independently and works **GRO-B** but requires ongoing support from his family for medical treatments, cooking and other daily tasks and outings. He can become very frustrated at the impact of his learning difficulties on his day to day life, describing difficulties with processing and understanding complicated information, a limited attention and concentration span and experiences of others taking advantage of him. I have not found a record of any previous cognitive assessments but did attend a Special Education School and received extra supports throughout his education.

GRO-B described himself as feeling low when he compares himself with his peers as many of them are now married and having a family. He described himself as feeling isolated and lonely. He would like to attend new activities but can become very anxious and thus has to be accompanied by his parents. He receives a lot of support from his parents but would like to be more independant.

GRO-B can feel anxious, tense and overwhelmed which he relates to feeling different to others, general worries about his family or job and worries about his health. In our sessions we have started to describe and label these emotions, learn about the impact of these emotions upon the body and introduce coping strategies e.g. relaxation exercises. We have agreed to meet for a number of sessions to continue with this work and explore whether there may be appropriate activities in his local area which he could attend.

Please do not hesitate to contact me if you have any queries in relation to my input with GRO-B

Yours sincerely

Electronically Checked

Dr Grinne O'Brien
Chartered Clinical Psychologist

CC - Dr Rosie Dennis, Associate Specialist, Haemophilia Centre, RIE