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HAEMOPHILIA CENTRE

Ext. GRO-C

GRO-B

23rd May, 1977.

Dear Dr. GRO-B

Re: GRO-B Dob GRO-B:51

GRO-B

Diagnosis - Haemophilia 'A' (F.VIII 0%)

This is to let you know that the above named has learned to treat himself with intravenous factor VIII concentrate. He is now keeping concentrate in his fridge at home, and treats himself at the onset of bleeds as required.

Occasionally, patients get allergic reactions from F.VIII concentrate and they are all advised to keep oral and intravenous chlorpheniramine maleate (piriton) at home. So long as they have never had a reaction, they are simply told to keep the piriton handy and to take 2 tabs (8mg) by mouth at once if they get a rash, etc. within 2-3 hours of an injection of concentrate. If the reaction is severe, they can have 10mg piriton i.v. Although they might need to call a doctor in to give this, it is advisable for them to have it in the home.

Once a patient has had a reaction they are told to take 4-8mg oral piriton on each occasion, as soon as they decide they are going to have treatment. They should always let us know, at the Haemophilia Centre, that this has happened so that the notes can be marked appropriately. Should a reaction occur despite oral piriton, i.v. piriton may be given, and again the Haemophilia Centre must be informed.

Yours sincerely,

Eleanor Goldman, MB, BCh,
Clinical Assistant,
Haemophilia Centre.

Dr. GRO-B

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