

# ORTHOPAEDIC DEPARTMENT

Hospital No.

Surname

First Names

GRO-B

M/F  
M/S/W

D. of B.

GRO-B 60

Diagnosis

FACTOR XI DEFICIENCY

Occupation

Address

SEE FRONT OF NOTES

Private Dr. SEE FRONT OF NOTES

DATE

CLINICAL NOTES (Each entry must be signed)

GRO-B

RFH

GRO-B

- DOB:

GRO-B 60

11.1.96

The Combined Orthopaedic/Haemophilia Clinic - 11/1/96  
Mr Goddard/Dr Lee

Factor XI deficiency 3 u/dl.

Referred by Mickey Koh. Spontaneous swelling of Right Knee: This lady presented two weeks ago with a spontaneous sounding bleed into her Right Knee. On close questioning however it would appear that she has been troubled by intermittent clicking and medial discomfort in the knee for the past year or so. There is no history of locking or giving way. She has recently moved house and, this combined with some extra manual work at home, contributed to the bleed. Her symptoms have improved considerably over the past two weeks. However, she still has a small effusion in the knee and some wasting particularly the vastus medialis. She has a 5° fixed flexion deformity, flexes to 130° with minimal discomfort. She is tender around the medial joint in particular and there is a positive tibio-femoral rotation test in the medial compartment with an associated soft click. Her collaterals were stable. I think it is important to exclude a meniscal tear and I have arranged for her to have an MRI scan and review with the results.

14.3.96

Combined Orthopaedic/Haemophilia Clinic 14/3/96  
Goddard/Lee

Seen for review with MRI scan which shows a linear area of high signal within the posterior horn of the medial meniscus which may be consistent with a small tear. The remainder of the meniscus looks normal, as does the ACL. On the whole, her condition has improved, she has no fixed flexion deformity and flexes to 130°. Negative tibio-femoral rotation test. On the whole, I would advise leaving well alone although I would be happy to review her if her improvement tails off and it reaches a level that she can no longer work or causes significant interference in her daily activities.