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## The Royal Free Hospital

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### HAEMOPHILIA CENTRE AND HAEMOSTASIS UNIT

Dr P.B.A. KERNOFF, MD FRCP MRCPath  
Director

Dr CHRISTINE A LEE, MA MRCP MRCPath  
Consultant Haematologist

RM/SG

7th February 1990

GRO-B

Dear Dr GRO-B

Re: GRO-B  
GRO-B London GRO-B

I believe that this patient has only recently registered with you and it is quite likely that you have not yet met him. On the whole, those with haemophilia attend our centre rather than going to General Practitioners but I felt that you should know about him as he might come to see you, or you may have contact with his wife or daughter.

I saw Mr GRO-B on 6th February 1990, when he attended the Haemophilia Centre for his annual review appointment. He was seen by me and the Senior Registrar who has written to you giving details of the visit. Apart from the medical problems there are a number of other issues that are of concern to the family and they may need some help.

#### Medical Situation

GRO-B has mild haemophilia but despite this attends quite often for treatments following some trauma. For someone with mild haemophilia, he should not have to have treatment as much as he does. It is his wife's opinion that he has suffered a lot of stress from the work situation over the last 6-8 months and due to this has had more bleeds. The bleeds usually result from accidents, such as on his bicycle, or from carrying a heavy gas cylinder up the stairs. He apparently is very reluctant to have these bleeds treated and waits some time before coming to the Centre for Factor VIII.

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GRO-B

Our Registrar found that one of his shoulders had already suffered from the results of bleeds and we have clarified with him that if bleeds into joints remain untreated for any length of time there is always resulting damage.

The other problem was his gastric pain and for that he is being referred for an opinion.

Social SituationFamily

Wife - GRO-B used to be a receptionist at the same opticians but she now has a baby and is not working. She is very concerned about GRO-B who she feels does not look after himself and tries to ignore the haemophilia.

Daughter - GRO-B date of birth - GRO-B 1989, looks a healthy baby.

GRO-B has family who lives nearby and seem to be of some support.

GRO-B mother lives in [redacted] and is a widow. His father died quite suddenly in 1971 and since then GRO-B has had a lot of responsibilities.

His sister GRO-B and brother both have studied medicine.

GRO-B has now qualified and the brother is just pre-qualification.

There seems very little discussion in the family about the haemophilia.

Accommodation

Tied to his work and seems a major problem. I enclose a copy of my letter to the housing department and anything you can do to give support for re-housing would be very much appreciated. It is my view that this is one of the major problems.

Occupation

Optician, apparently working under very difficult conditions and has the threat of being dismissed within a month if he does not increase his sales.

Assessment

This young couple seem to be under a lot of stress, the main one being from unsatisfactory work and very insecure accommodation. GRO-B says that she rarely goes out because she was frightened that her baby will be snatched and spends most of her time indoors.

Mrs Harris has agreed to visit and make some assessment and contact me at a later date.

Yours sincerely

Riva Miller  
Senior Medical Social Worker

cc: Mrs Harris, Health Visitor

NOT RELEVANT